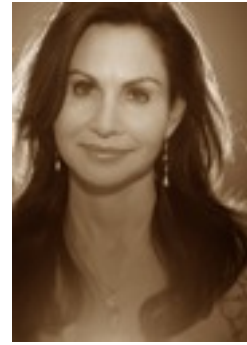


AUGUST/SEPTEMBER 2009

A Radiant Light

NEWSLETTER

Ann Marie Nielsen, Ph.D.



Ann Marie Nielsen Ph.D.

Keys to Happiness and Prosperity in the Midst of The Current Economy

During the Great Depression, some people gave up and jumped out of windows several stories high, while others experienced sufficiency and later re-built fortunes. What made the difference?

You most likely experience times when you feel more happy, prosperous and confident, and other times when you feel more discouraged, limited, and doubtful. What makes the difference?

There are a few keys and principles to happiness and prosperity that make the difference.

One of the power keys is the direct relationship between abundance and feeling loved. Consciously or unconsciously (knowingly or unknowingly) we often equate receiving of financial supply with feeling that we have worth and that we are loved. You may have noticed that when money flows abundantly and you have plenty of resources to take care of what you need, you often feel more loved and more loving.

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*Be the Love You Are * Honor Your Magnificence*

A Radiant Light Newsletter Ann Marie Nielsen, Ph.D.

When finances are tight, it provides an opportunity to deepen our inner self-love and self-worth. When we set an intention to dig deeper roots of self-love when prosperity flow fluctuates, then our sense of worth and of being loved goes even deeper. This makes financial challenges much easier mentally and emotionally. Then the financial challenge pays you rich dividends in your strengthened sense of self-acceptance, self-love, and self-value. This in turn paves the way for great inflows of affluence to flow to you.

Another key to developing an abundance consciousness of happiness and prosperity is differentiating between “supply” and the “forms of supply”. Here is an application of that power principle: Stop seeing money, homes, bank accounts, business, food, investments and such as “supply” or as “abundance”. Rather, see them as “forms of supply” or tangible “symbols of abundance”. Recognize that the source of true supply, of authentic abundance, is the inner Essence or Substance of Love, of Life, of Joy, that is within you. The Essence of Spirit, Nature, within you, is your supply. This makes your supply Infinite and it makes abundance within you, rather than outside of you. When you know that Abundance flows from the substance of Love within you, this opens the way for Grace, for support from the Universe, for the tangible forms of supply to fall into your lap.

As you remember:

1. The Essence or Substance of Supply is within you
2. Your worth and value is changeless
3. And you are unconditionally loved no matter what is happening in your life

Then you move through this time of seeming financial limitations, with a deeper self-love, and a greater potential for overflowing abundance of love and wealth. And you will be truly successful in that you will be enjoying your life day to day and living a life filled with warmth, acceptance, sharing and love.

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